

3 on 3 league

Coming in March!

Fun opportunity to stay fresh after the travel season.

Format:

6 player Teams + Goalie

1 game session, 1 skills session Weeknights

3 Games per week

Championship at each level

Mites/Squirt/PW/Bantam/Midget

20 sessions over 10 weeks

We use bumpers to allow for three 20 minute games per session

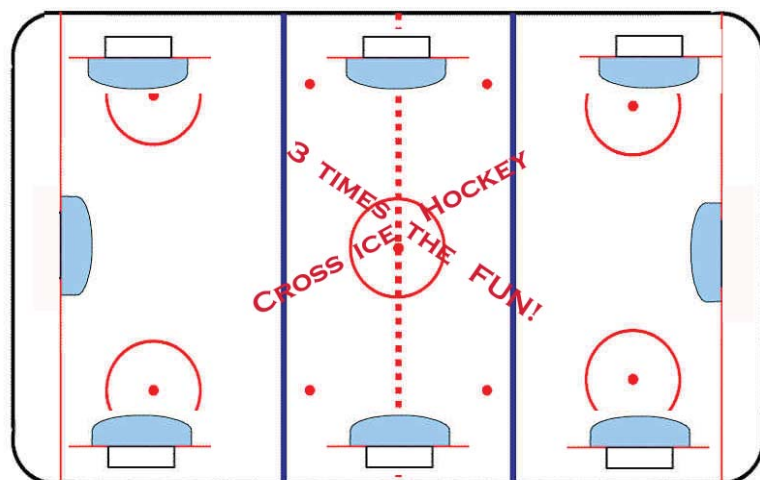
Small ice games provide plenty of puck touches and goalie save opportunities. Small area games are a part of USA Hockey's American Development Model, as they allow for creativity, and a competitive game-like situation.

With a reduced number of players and smaller surface, much more hockey gets played in a short period of time. Quick burst skating is rewarded as is creative and experimental stick handling. The number of transitions is a wild. Defenders need to manage gaps better and shooters can try things they never would in a travel game. The emphasis is on Fun, Fun, Fun.

* Teams may be adjusted if more balance needed

www.thepavillion.org
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3080 Arthur Kill Road, Staten Island, NY 10309
(718) 948-4800

Sign up details to come



Special Skills Sessions:

In addition to the games, we will also have a weekday skills session. This session will incorporate multi-coach, station-based, passing, edgework, transition and shooting drills.

Coaching aids such as Passmasters, Parachutes, Sweet hands tripods, resistance training, and goalie specific skills keep the practices fresh and different.

10 weeks/20 sessions: \$325

(travel players need club release)

Space is limited to the first 84 players.

Full teams welcomed*

Birth years 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001